

Eight
Wrap

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An Exciting
New Concept
In Healthy
Eating



‘Wrap Me Up’



Wraps

Eight Special Wrap Strips of rump steak cooked on a griddle with onions, served in a lavash bread wrap layered with hummus & gherkins.	£5.95
Kofte Mediterranean Wrap Minced meat skewers served in a lavash bread wrap with lettuce and tomato relish.	£5.45
Chicken Wrap Strips of chicken cooked on a griddle with onions, served in a flour wrap with lettuce & a special tahini sauce.	£4.50
Lamb Brochette Wrap Chargrilled cubes of lamb & onions served in a lavash bread wrap with lettuce & a delicious yoghurt sauce.	£6.75
Burger Wrap Chargrilled strips of burger served in flour wrap with lettuce, onions, cheese and burger relish.	£4.85
Feta Cheese Salad Wrap V Feta cheese served in a flour wrap with lettuce, parsley, sliced black olives & tomato drizzled with an olive oil dressing.	£5.95
Chicken Caesar Wrap Pieces of chicken served in a flour wrap with lettuce, parmesan cheese, croutons and caesar dressing.	£5.25
Halloumi Cheese Brochette Wrap V Pieces of halloumi cheese, aubergines, red onions, squash, red/green peppers chargrilled on a skewer and served in a flour wrap with lettuce & mayo.	£5.95
Falafel Wrap V Falafel served in flour wrap with lettuce, parsley, tomatoes, pickles and a tahini sauce.	£4.85



Mixed Olives V £3.95
Served with pitta bread

Hummus V £3.25
A delicious blend of chick pea puree with olive oil, lemon juice and a hint of garlic.

Stuffed Vine Leaves V £3.25
Vine leaves filled with rice, herbs and spices.

Tzatziki V £2.95
A refreshing yoghurt dip with finely diced cucumber, mint and a hint of garlic.



Soup & Salads

Soup of the Day	£1.95
Tomato & Cucumber Side Salad V	£2.90
Mixed Side Salad V	£3.20
Green Side Salad V	£2.90
Tuna Mayo Salad	£4.85
Feta Cheese Salad V	£5.25
Chicken Caesar Salad	£5.25
Eight Salad V	£6.75
Grilled halloumi with grapes, green salad leaves and drizzled with olive oil dressing.	
Avocado Salad V	£7.35
Mozzarella cheese & avocado on a bed of rocket with cherry tomatoes and a pesto dressing.	
Salad Caprese V	£5.95
Slices of tomato, mozzarella and black olives drizzled with olive oil and garnished with basil.	

* Check out our display for other salads



Soft Drinks

Coca-Cola/Diet Coke/Coke Zero	£1.95
Fanta Orange/Sprite	£1.95
Ribena/Oasis 500ml	£2.15
Liptons Iced Teas	£2.45
Capri Sun 200ml	£1.35
Fruit Shoot 200ml	£1.25
Snapple	£2.95
Orangina/Tropicana	£2.65

Energy Drinks

Red Bull, Inferno	£2.25
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Juices

Britvic Orange/Apple	£2.25
Britvic Orange/Apple (Sparkling) 275ml	£2.25

Water

Mineral Water Still/Sparkling 500ml	£1.75
Drench	£1.95